

Teacher notes:

Topic 1: My interests, skills and future choices

Subject links

PSHEE | Careers | English | Citizenship

Skills

Enquiry | Communication | Evaluation

Learning outcome

To assess needs, interests, values, skills, abilities and attitudes in relation to future options in learning, work and enterprise.

Activity 1: Me

Students consider their interests and future choices through a short quiz.



Resources

Topic 1 Worksheet 1

Topic 1 Slides: Activity 1

Use the slides to get students thinking about their interests and the choices that young people have to make.

Hand out worksheet 1 for students to complete the quiz independently.

Students work in pairs to compare and discuss their responses. Feedback as a class.



Together we can make a difference!

Activity 2: Skills Map

Students identify their skills and create a skills map



Resources

Topic 1 Worksheet 2-3

Topic 1 Slides: Activity 2

Students think of as many skills as they can and write/stick them on the board. Discuss the different skills as a class.

Using the writing frame on Worksheet 2, students select and describe a skill and provide an example of when and how it might be used. An example is provided on the slides.

Show the example of a skills map using the slides.

Hand out Worksheet 3 and get students to create their own skills map.



Activity 3: Skills and Careers Match

Students match their skills to a career in the NHS



Resources

Topic 1 Slides: Activity 3

Online quiz: www.stepintothensh.nhs.uk/careers/take-the-test

Students complete the online quiz.

In pairs, compare and discuss the top five NHS careers.



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