

Worksheet 1

Activity 1: Work-related skills

- Cut out these work-related skill cards.
- Organise the cards into a diamond to show their order of importance for each of the different jobs your teacher shows you.
- Place the most important at the top and the least important at the bottom of the diamond. There's no right or wrong answers and everyone has a different opinion.
- Once you have done this, rank the skills according to your ability, from strongest at the top to weakest at the bottom. What are your weakest skills? What are your strongest skills? Can your strongest skills help strengthen the weakest ones?



STEP INTO THE NHS

Team work

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Creativity

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Problem
solving skills

STEP INTO THE NHS

Communication
skills

STEP INTO THE NHS

Data handling /
IT skills

STEP INTO THE NHS

Organisational
skills

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Resilience

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Ability to work
under pressure

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People skills

Worksheet 2

Activity 2: The joy of caring

- Watch the video.
- Circle the skills below that you think describe the people in the video. Use the blank spaces to add any other skills you can think of.

Good listener	Organisational skills	Good verbal skills
Physical fitness	Flexible to change	Hard working
Caring	Professional	Good with people
Working to deadlines	Positive attitudes	Data handling
Team worker	Creativity	Trustworthy



Worksheet 3

Activity 3: Real people, real carers

Card 1: Junior doctor

Good with people	90
Working in a team	95
Good listener	80
Always positive	90
Flexible to change	85



Scenario

- A young patient needs surgery and is scared of the operation but doesn't want to admit this.
- It's your first operation and you are called to their bedside to reassure them.
- It's just one hour before they are due to go into theatre – what happens?

Card 2: Dentist

Good with people	90
Working in a team	90
Good listener	75
Always positive	85
Flexible to change	75



Scenario

- An elderly lady has come to you for an operation. It's the first time she has been to the dentist for nearly 40 years.
- When she last visited, 'anaesthetic gas' was used and she hated it! It's hard to get her to stop talking about her last experience. How can you reassure her?

Card 3: Radiographer

Good with people	85
Working in a team	75
Good listener	75
Always positive	100
Flexible to change	90



Scenario

- A man in his thirties was playing on his son's scooter and fell off. It looks like he has broken his ankle.
- He needs an x-ray and has been in A&E for almost two hours. He's missed an important meeting and is very grumpy.
- How can you make him happier as you get him ready for that first x-ray?

