Step into the NHS

NHS

Worksheet 1 Activity 1: Work-related skills

Cut out these work-related skill cards.
Organise cards into a diamond to show the order of importance.
Place the most important at the top and the least important at the bottom of the diamond.

Team work	Creativity	Problem solving skills
Communication skills	Data handling	Organisational skills
Physical fitness	Ability to work under pressure	People skills

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Worksheet 2 Activity 2: The joy of caring

Watch the video.
Circle the skills below that you think describe the people in the video. Use the blank spaces to add any other skills you can think of.

Good listener	Organisational skills	Good verbal skills
Physical fitness	Flexible to change	Hard working
Caring	Professional	Good with people
Working to deadlines	Positive attitudes	Data handling
Team worker	Creativity	Trustworthy

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Worksheet 3 Activity 3: Real people, real carers

Card 1: Junior Doctor

Good with people	75
Working in a team	95
Good listener	70
Always positive	90
Flexible to change	85

Scenario

A young patient needs surgery and is scared of the operation but doesn't want to admit this.

It's your first operation and you are called to their bedside to reassure them.

It's just one hour before they are due to go into theatre - what happens?

Card 2: Orthodontist

Good with people	90
Working in a team	90
Good listener	75
Always positive	85
Flexible to change	75

Scenario

An elderly lady has come to you for an operation. It's the first time she has been to the dentist for nearly 40 years.

When she last visited, anaesthetic gas' was used and she hated it!

It's hard to get her to stop talking about her last experience. How can you reassure her?

Card 3: Radiographer

Good with people	85
Working in a team	75
Good listener	75
Always positive	100
Flexible to change	90

Scenario

A man in his thirties was playing on his son's scooter and fell off. It looks like he has broken his ankle.

He needs an x-ray and has been in A&E for almost two hours. He's missed an important meeting and is very grumpy.

How can you make him happier as you get him ready for that first x-ray?

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